

SEC Jamboree #3

Thursday, October 21, 2010



YOU COULD GO THROUGH YOUR ENTIRE LIFE IN THESE UNITED STATES WITHOUT EVER FINDING OUT WHETHER OR NOT YOU WERE A COWARD.

-JAMES DICKEY

Top Underclassmen in Today's Races

VermeulenDext -10	16:18
PraschanSal-10	16:32
GreveDex-10	16:39
JensenSkyL-10	17:10
HaukeDex-10	17:10
Willits-aap-9	17:13
Codrington-aap-9	17:14
ElmsSal-10	17:15
Leach-aap-10	17:16
HornDex-10	17:17
Shpilband-aap-10	17:19
LoudermilkDex-10	17:25
WendorfDex-10	17:25
Burrell-aap-10	17:36
DolsenJSal-9	17:38
TidwellDex-9	17:40
BlaidaBed-9	17:47

Gabriel Richard O.P.'s

Jim Crowley, Lee Luckhardt

Varsity Point Leaders

Barnett	67
Renberg	67
Bishop	61
Praschan	53
ParkerJ	52
Phelps	39
Elms	37
Martis	36
DolsenD	31
Crowley	23
Chandler	19
Lamus	16
Althaus	15
DolsenJ	15

Varsity for Regionals: TBA

Varsity Points

126	18%	Seniors
333	49%	Juniors
149	22%	Sophomores
76	11%	Freshmen

Congratulations SEC Champions! As our seniors repeatedly pointed out during Wednesday's speeches, you've built something special through focusing so intensely on our two team goals. What started as a great team atmosphere grew to consistently impressive racing and, today, showed itself as an SEC Championship. We always start the season by asking, "What do you contribute?" Today, we give thanks to everyone that races with "Saline" across his chest (and one that isn't allowed to!) for contributing towards the first post-season victory of 2010.

I continue to be impressed with the mental toughness of our athletes, which was most clearly on display with Phelps. He spent at least the last 1,000 meters battling with another runner, both refusing to yield. It wasn't technical or tactical. It was tough, messy, and gutsy. It was a race, and one of the best I've seen in a while.

Ambition was visible up and down the line-up, from Paxman's HUGE PR that brings him just shy of breaking 20:00, to Schnitzer's aggressive star leading to his PR. Soisson and Qin stole the show for our mid-pack athletes, as they both dipped under 19:00 by substantial margins. Up front, it was Gieseke and Lamus that put on a show, as they each dropped under 18:00 for the first time, putting a total of 25 athletes under that time! A little further up, DolsenJ started racing with friends, but moved on to family, finishing just 3 seconds behind DolsenD. That's pretty cool... At the finish, it was 5 Hornets in the top ten, giving the Hornets their 8th consecutive win in the Reserve races. The last time our Reserve team didn't win a race? That was the first week of school and the first invitational of the season.

Our varsity squad continues to advance towards state-meet form. Praschan followed up Saturday's impressive performance with yet another significant step; racing with Bishop. Running mostly alone, Barnett proved he doesn't need company to be gutsy. And with Renberg responding wonderfully in nearly any situation he finds himself in, he has proven he has a spot on the big stage.

Congratulations on a wonderful start to the Championship Series! I hope we continue that relentless two-goal focus that has given us nothing but historic results!

SALINE CC BY THE NUMBERS...

3:02

AMOUNT OF TIME BRADLEY DROPPED FROM HIS 1ST RACE AT SOUTH LYON TO TODAY'S RACE!

4

ALL-CONFERENCE HONORS THAT SALINE RUNNERS BROUGHT HOME

38

NUMBER OF RUNNERS THAT HAVE QUALIFIED FOR THE REGIONAL CHAMPIONSHIPS; 7 MORE THAN LAST YEAR

4

RUNNERS IN THE TOP TEN OF THE SEC THAT WILL BE BACK NEXT YEAR; 3 ARE FROM SALINE

Coming Up... Uniforms for any athletes not competing at the Regionals should already be turned in!

Next Saturday will be the **Regional Meet**. Our boys will race at 11:30 and it would be great to have a big Saline crowd there. The **State Finals** will take place the following Saturday at MIS Speedway. Start organizing car pools!

The **Banquet** will be on Sunday, November 14 at 3:00PM. All awards will be given out there.